

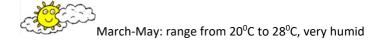
Adjustment Tips in Hong Kong

(For reference only, please visit the official websites of the information/service providers for the latest updates.)

1. Weather



November-February: range from 10°C to 20°C in average, slightly dry



Visit the Hong Kong Observatory for the weather forecast: https://www.hko.gov.hk/en/index.html

Remember to bring a jacket/cardigan to class as the air-conditioning can get quite chilly!

2. Medication



Hong Kong's pharmacies are well-stocked, but if you require prescription medication or prefer specific brands, you may consider bringing it along with you. Insect repellent could be useful in the summer months.

3. Hong Kong Identity (HKID) Card

If a person is a new arrival aged 11 or over and has been permitted to stay in Hong Kong for more than 180 days, he/she must register for a Hong Kong identity card within 30 days of arrival. No fee is charged for identity cards issued to new arrivals.

Due to the pandemic, the telephone and internet appointment booking services are temporarily suspended. Please refer to the official website for any updates.

Telephone Appointment Booking	2598 0888	
Internet Appointment Booking	https://www.gov.hk/en/residents/immigration/idcard/hkic/bookregidcard.htm	
Website	http://www.immd.gov.hk/	
Address	8/F, Immigration Tower, 7 Gloucester Road, Wan Chai (MTR Wan Chai Station – Exit A5)	

4. Academy Campuses

Wanchai Campus: 1 Gloucester Road, Wanchai, Hong Kong



Bethanie Campus: 139 Pokfulam Road, Hong Kong



The Academy provides free shuttle bus service for students to commute between Wanchai Campus and Bethanie Campus from Monday to Friday (except public holidays or non-teaching periods).

Departure Time	Routing	
1315	Bethanie Building -> Wanchai Campus	
1400	Wanchai Campus -> Bethanie Building	
1745	Bethanie Building -> Wanchai Campus	
1845	Bethanie Building -> Wanchai Campus	

5. Local Transportation

Mass Transit Railway (MTR)	The Academy is located roughly mid-way between the Admiralty and Wanchai MTR stations, although it is slightly closer to Admiralty. Train Trip Planner: http://www.mtr.com.hk/en/customer/jp/index.php	
Citybus Limited and New World First Bus Services Limited (Citybus & NWFB) CITYBUS城巴 新創建集團成員 Members of NWS Holdings	Buses stop outside the Academy: 18, 18P, 18X, 40M, 590, 720, 720A, 720P, 722, 780, 788, A12 Route Search: https://mobile.nwstbus.com.hk/nwp3/?f=0&l=1	
The Kowloon Motor Bus Co.(1933) Ltd (KMB)	Buses stop outside the Academy: 936, 936A Route Search: http://search.kmb.hk/KMBWebSite/index.aspx?lang=en	

6. Octopus Card



Octopus card is a contactless stored value card that provides customers a simple, safe and secure way to pay. From a simple way to pay fares on public transport, Octopus has extended its reach into small-value payments in the retail sector as well as many other applications, including government tolled tunnel, parking, access control for residential and commercial building, support for various facilities in schools and self-service kiosks.

Octopus Card Website: https://www.octopus.com.hk/en/consumer/index.html

7. Mobile Phone Service

Major mobile phone service providers in Hong Kong:

3	https://www.three.com.hk/en/home.html	
Birdie	https://www.birdie.com.hk/mobile/mobile-plan-details/?lang=en	
China Mobile	https://www.hk.chinamobile.com/en/new promotion/postpaid-customers.html	
csl.	https://www.hkcsl.com/en/tariff-plans/	
SmarTone	https://www.smartone.com/en/mobile-service-plans/plans/	
Sun Mobile	https://www.sunmobile.com.hk/eng/plan/187.jhtml	

Raise awareness on Telephone Deception!

In recent years, students have been cheated by bogus phone calls; and you should dial Anti-Scam Helpline 18222 to contact the ADCC officers for assistance in response to suspicious deception cases. (ADCC: Anti-Deception Coordination Centre of the Hong Kong Police Force)

The latest modus operandi of 'Pretend Mainland Official' and advice from the Hong Kong Police Force are available here: https://www.police.gov.hk/ppp en/04 crime matters/ccb/fst.php?msg id=cct 36

8. Banking Service

The following documents may be required if you are going to open a bank account in Hong Kong. Remember to check with the respective banks for more details:

- Offer letter issued from the Academy
- Passport
- Identify card issued by origin country
- HKID Card
- Academy student ID card
- Proof of address in Hong Kong

9. Feeling Homesick?

Counselling can help you to seek emotional release and to cope with personal difficulties. It can also help you to explore and understand yourself better. If you think you need help, take a look at the websites of the below organisations or simply talk to Saro or Koen, our Student Counsellors.



Open Up

An online text platform designed specifically to cater the needs of youngsters experiencing emotional distress from different aspects such as family issues, interpersonal relationships and academic stress.

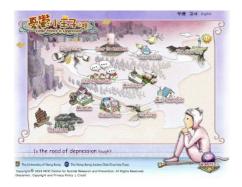
Website: https://www.openup.hk

Hotline: 9101 2012

Depressed Little Prince

Along the journey with "Depressed Little Prince", you will understand more about depression and the emotional conditions of yourself and your beloved ones.

Website: http://www.depression.edu.hk



Counselling Hotline	Service Hours	Telephone Number
The Hong Kong Federation of Youth Groups "Youthline"	2:00pm – 2:00am (Monday – Saturday)	2777 8899
The Samaritan Befrienders Hong Kong	24 hours	2389 2222
Social Welfare Department	24 hours	2343 2255

Student Counsellors

Ms Saro Leung

Ms Koen Tai

2584 8310

2 2584 8390

Office Hours: 8:30am - 5:20pm (Monday - Friday)