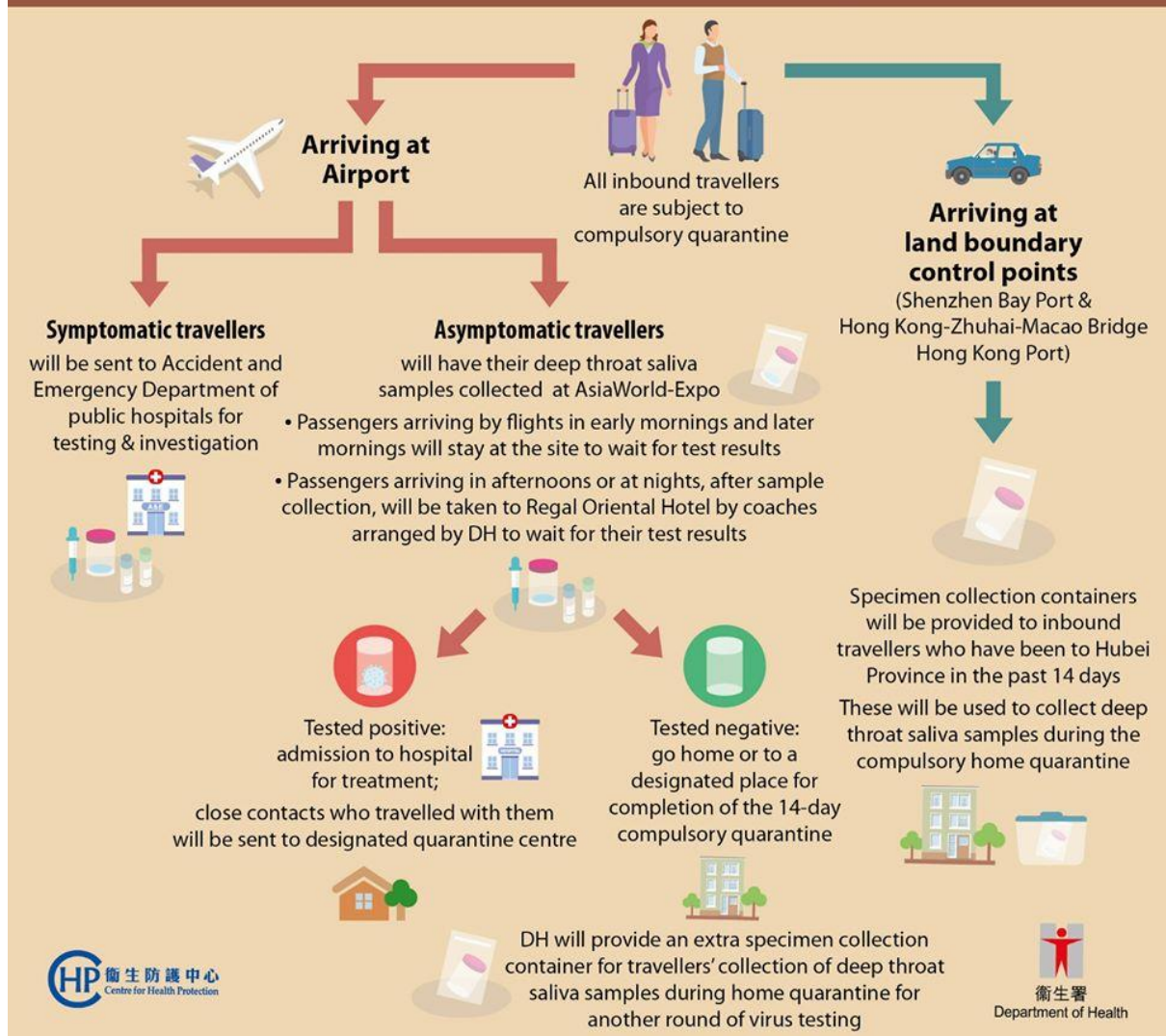


Department of Health Arrival Arrangement and Health Advice

Health quarantine and testing arrangements for inbound travellers from April 22



Health quarantine procedures for inbound travellers

1



Fill in electronic health declaration form prior to boarding

2



Wear a mask while in flight

3



Receive temperature screening upon arrival in HK

4



Submit the result of electronic health declaration to Government staff

5



Provide name, address, ID and telephone numbers to Department of Health officers

6



Department of Health officers issue quarantine order

7



Put on electronic wristband

8



Go home or designated accommodation for quarantine after completing all procedures



Certain inbound travellers will be selected for providing sample of deep throat saliva

Unite to Fight Virus Observe Quarantine Order Close Monitoring Stringent Enforcement



Spot checks



Telephone calls



Monitoring of the status of electronic device



Any person concerned who leaves the dwelling place without permission shall be liable upon conviction to a fine of \$25,000 and imprisonment for six months

Report Breaches of Quarantine Orders



• e-Report Centre
<https://www.erc.police.gov.hk>

• Call Report Rooms of Police Stations
• Call 1823

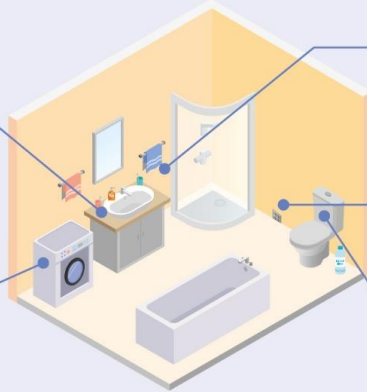


Health Advice 1

Quarantine Premises

Frequent hand hygiene especially before eating, or touching eye, nose or mouth and before/after taking up/off the mask

No need to do separate laundry



All personal items such as toothbrush and toothpaste, rinsing cup, towels, must be separately placed from those of other family members

Maintain drainage pipes properly and regularly (about once a week) pour about half a litre of water into each drain outlet (U-traps)

Bathtub and washing basin should be cleansed with detergent and water thoroughly after use, while the toilet and toilet seat should be disinfected

Health Advice 2

Quarantine Premises

The confinee has to wear the electronic wristband

If possible, eat in your own room. Otherwise, eat by yourself while facing the wall. Do not eat on the same table together with your family members

The confinee must not leave the premises



Always keep a distance of at least 1 metre from another person

The confinee should stay in a well-ventilated single room if possible

Health Advice 3

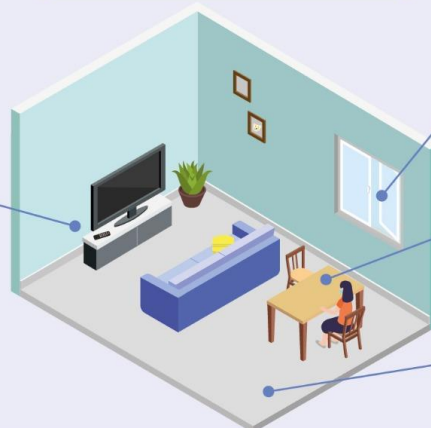
Quarantine Premises

Do not touch commonly shared items, such as TV control panel, radio control panel, door handles, unless you disinfect your hand with alcohol-based handrub first

Maintain good indoor ventilation

The confinee and household members should always wear a mask as far as possible; do not touch the outer surface of the mask

Do not invite visitors



Points to note when staying in hotel for quarantine

Observe good personal hygiene, especially on hand hygiene and proper cough manners



Wear a surgical mask (including during check-in at reception)



Maintain appropriate social distance (at least 1 metre apart) whenever practicable



Must not leave the hotel room during the quarantine period without permission by authorised officer



Picking up meals at reception or restaurant is strictly forbidden



Do not smoke and avoid alcohol consumption



The confinee and those living with them have to check their body temperature twice daily and monitor health condition



If having fever or develop other symptoms, inform the Department of Health via the dedicated hotline



預防肺炎及 呼吸道傳染病

Prevention of
Pneumonia and Respiratory Tract Infection



經常保持
雙手清潔

Always keep
hands clean



先蓋廁板再沖廁

Put the lid down
before flushing



定期
注水入
U型隔氣

Add water to
the U-traps regularly



打噴嚏或咳嗽時
用紙巾掩蓋口鼻

Cover your mouth
and nose with tissue
paper when
sneezing or
coughing



如出現病徵，
應立即戴上口罩
及看醫生

Wear a mask and
seek medical advice
promptly if unwell



口罩要完全覆蓋
口、鼻和下巴

Fully cover your nose,
mouth and chin
with mask



更多防疫資訊 For more information on tackling the disease:



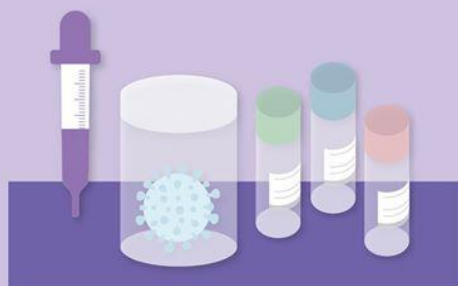
衛生署健康教育專線 2833 0111
Health Education Infoline of the Department of Health

第一版：一月廿九日
Produced in January 2020

COVID-19

及早檢測 推前診斷

Early Testing and Detection



部分人只會出現非常輕微的症狀，
如果有懷疑，請立即就醫，並進行測試

Some people develop very mild symptoms,
if suspected, please seek medical
advice immediately and get testing done



What You Must Know for Coronavirus Disease 2019 (COVID-19)



Why is early testing and detection important?



As some people infected with COVID-19 only have mild symptoms, members of the public are advised to seek medical advice promptly when feeling unwell, so that appropriate management can be given at the earliest possible time.

Apart from the accident and emergency service of public hospitals and general out-patient clinics, you may also visit private clinics and hospitals, and make a request to your private doctors for testing when there is any suspicion. The Department of Health (DH) provides the testing for free.

You may choose to return the specimen through your doctor, family or friends, or the door-to-door specimen collection service.



What will happen if the test result is positive?



If a sample tests positive, the DH will arrange for admission to a public hospital for treatment.

Quarantine will be arranged for close contacts while medical surveillance will be arranged for other contacts. In general, household members will stay in the same unit in a quarantine centre, depending on availability of units and size and composition of the family.

Quarantine centres will provide the confinees with meals and essential daily personal necessities. Wifi cards for Internet connection can be provided if necessary. You can bring own personal necessities, such as clothes and daily medications.



How is the management outcome for COVID-19 cases?



Many of the symptoms can be treated and supportive care for infected persons can be highly effective.

Since 31 December 2019, the DH has recorded a total of 1034 cases (as of 22 April 2020). Among these cases, 678 have already been discharged. 4 were fatal cases and the death rate is 0.4%.

The most important thing is to seek medical advice immediately and get testing done whenever symptomatic (even if having mild symptoms).

For more information, please visit COVID-19 Thematic Website (www.coronavirus.gov.hk)

